Session 1

Advanced Preschool

Preschool 4 year old (First names E-O)

Session 1 Advanced PS & PS - 4 yr. Only (First names E-O)

Advanced PS

Group #1- Kayla

- 1. Millie Moreno
- 2. Juni Mattox
- 3. Bristol Price
- 4. Tatum Nichols
- 5. Jaycee Mitchell
- 6. Phoebe Reye

Advanced PS

Group #2- Colten

- 1. Carly James
- 2. Ellie Castorena
- 3. Nova Walls
- 4. Abigail Elliott
- 5. Genevieve Morris
- 6. Elijah Rodriguez

PS - 4 yr. Only (E-O)

Group #3- Eliza

- 1. Elaine Callahan
- 2. Ellie Lovejoy
- 3. Kaisley Calbat
- 4. Lois Scherer
- 5. Lyla Patel
- 6. Natalia Aguayo
- 7. Oakleigh Reagan
- 8. Olivia Cosner

ADV. PS Showcase

Climb up ladder \rightarrow run, jump, and freeze w/ springboard \rightarrow balance across color steps \rightarrow handstand forward roll down \rightarrow balance across turtles \rightarrow scale hold \rightarrow turtles \rightarrow cartwheel \rightarrow tuck jumps down tumble track \rightarrow straddle jumps on trampoline



Bear crawl \rightarrow chin up pull over, back hip circle, forward roll \rightarrow forward roll on panel \rightarrow balance beam tap squeakers \rightarrow handstand \rightarrow tuck hold on high bar with chin up \rightarrow glide swings Backward roll \rightarrow full turn/jump full turn \rightarrow bridge hold \rightarrow hop on the squeakers \rightarrow bear crawl \rightarrow skin the cat on rings





PS Showcase

Climb up ladder \rightarrow run, jump, and freeze w/ springboard \rightarrow balance across color steps \rightarrow handstand \rightarrow balance across turtles \rightarrow scale hold \rightarrow turtles \rightarrow cartwheel \rightarrow straight jumps down tumble track \rightarrow straddle jumps on trampoline



Bear crawl \rightarrow chin up pull over, forward roll \rightarrow forward roll on panel \rightarrow balance beam tap squeakers \rightarrow donkey kick \rightarrow tuck hold on high bar \rightarrow glide swings Backward roll \rightarrow full turn \rightarrow table hold \rightarrow hop on the squeakers \rightarrow bear crawl \rightarrow tuck hold on rings



