

Showcase Rotation Schedule

SESSION 1					
PRESCHOOL				PARENT + CHILD	
INTRO 3:30-3:40					
TIME	ELIZA	IZZY	KAYLA	COLTEN	ASHLYN/FAITH
3:40 - 3:50	BLUE	RED	FLOOR	FLOOR	TUMBLE TRACK
3:52 - 4:02	TUMBLE TRACK	BLUE	BARS	BEAM	RED
4:04 - 4:14	RED	TUMBLE TRACK	BARS	BEAM	BLUE
AWARDS 4:15 - 4:30					

SESSION 2							
TUMBLING				PRESCHOOL			
INTRO 5:00-5:10							
TIME	JOEY-BEGINNER	LAWSON- BEGINNER	AUSTIN- BEGINNER	JACK-INTERMEDIATE + ADVANCE	TIME	COLTEN	KAYLA
5:10-5:27	TRAMPOLINE	TRAMPOLINE	FLOOR	FLOOR	5:10 - 5:20	BLUE	TUMBLE TRACK
5:28-5:45	FLOOR	FLOOR	TRAMPOLINE	TRAMPOLINE	5:22 - 5:32	TUMBLE TRACK	RED
					5:34 - 5:44	RED	BLUE
ADWARDS 5:45-5:00							

SESSION 3							
GIRLS BEGINNER				PRESCHOOL			
INTRO 6:30-6:40							
TIME	FAITH	EMILY	JOEY	JACK	TIME	KAYLA	IZZY
6:40 - 6:48	BARS	BEAM	VAULT	FLOOR	6:40 - 6:50	BLUE	TUMBLE TRACK
6:49-6:57	BEAM	VAULT	FLOOR	BARS	6:52 - 7:02	TUMBLE TRACK	RED
6:58 - 7:06	VAULT	FLOOR	BARS	BEAM	7:04 - 7:14	RED	BLUE
7:07 - 7:15	FLOOR	BARS	BEAM	VAULT			
ADWARDS 7:15-7:30							

SESSION 4									
GIRLS REC			BOYS REC				PRESCHOOL/PARENT AND CHILD		
INTRO 9:00-9:10									
TIME	FAITH	EMILY	TIME	COLTEN	AUSTIN	LAWSON	TIME	MARIANA	ELIZA
9:10-9:18	BARS	BEAM	9:10-9:16	P-BAR	H-BAR	VAULT	9:10 - 9:20	BLUE	TUMBLE TRACK
9:19-9:27	BEAM	VAULT	9:17-9:24	H-BAR	FLOOR	P-BAR	9:22 - 9:32	TUMBLE TRACK	RED
9:28 - 9:36	VAULT	FLOOR	9:25-9:31	FLOOR	RINGS	H-BAR	9:34 - 9:44	RED	BLUE
9:37 - 9:45	FLOOR	BARS	9:32-9:38	RINGS	VAULT	FLOOR			
			9:39-9:45	VAULT	P-BAR	RINGS			
ADWARDS 9:45-10:00									

SESSION 5									
GIRLS REC				BOYS REC			PRESCHOOL		
INTRO 10:30-10:40									
TIME	FAITH	EMILY	MARIANA	TIME	COLTEN	AUSTIN	TIME	KAYLA/ELIZA	IZZY
10:40-10:48	BARS	BEAM	VAULT	10:40-10:46	P-BAR	H-BAR	10:40-10:50	BLUE	TUMBLE TRACK
10:49-10:57	BEAM	VAULT	FLOOR	10:47-10:54	H-BAR	FLOOR	10:52-11:02	TUMBLE TRACK	RED
10:58-11:06	VAULT	FLOOR	BARS	10:55-11:01	FLOOR	RINGS	11:04-11:14	RED	BLUE
11:07-11:15	FLOOR	BARS	BEAM	11:02-11:08	RINGS	VAULT			
				11:09-11:15	VAULT	P-BAR			
ADWARDS 11:15-11:30									

SESSION 6								
GIRLS BEGINNER						PRESCHOOL		
INTRO 12:00-12:10								
TIME	MARIANA	EMILY	JOEY	JACK	TIME	KAYLA	FAITH	
12:10-12:18	BARS	BEAM	VAULT	FLOOR	12:10-12:20	BLUE	TUMBLE TRACK	
12:19-12:27	BEAM	VAULT	FLOOR	BARS	12:22-12:32	TUMBLE TRACK	RED	
12:28-12:36	VAULT	FLOOR	BARS	BEAM	12:32-12:42	RED	BLUE	
12:37-12:45	FLOOR	BARS	BEAM	VAULT				
ADWARDS 12:45-1:00								

SESSION 7						
GIRLS BEGINNER					PRESCHOOL	
INTRO 1:30-1:40						
TIME	IZZY	EMILY	JOEY	JACK	TIME	KAYLA
1:40-1:48	BARS	BEAM	VAULT	FLOOR	1:40-1:50	TUMBLE TRACK
1:49-1:57	BEAM	VAULT	FLOOR	BARS	1:52-1:02	RED
1:58-2:06	VAULT	FLOOR	BARS	BEAM	1:04-1:14	BLUE
2:07-2:15	FLOOR	BARS	BEAM	VAULT		
ADWARDS 2:15-2:30						

SESSION 8									
GIRLS REC				BOYS REC			PRESCHOOL/PARENT AND CHILD		
INTRO 3:00-3:10									
TIME	MARIANA	AUSTIN	IZZY	TIME	COLTEN	LAWSON	TIME	KAYLA	ELIZA
3:10-3:18	BARS	BEAM	VAULT	3:10-3:16	P-BAR	H-BAR	3:10-3:20	BLUE	TUMBLE TRACK
3:19-3:27	BEAM	VAULT	FLOOR	3:17-3:24	H-BAR	FLOOR	3:22-3:32	TUMBLE TRACK	RED
3:28-3:36	VAULT	FLOOR	BARS	3:25-3:31	FLOOR	RINGS	3:34-3:44	RED	BLUE
4:37-4:45	FLOOR	BARS	BEAM	3:32-3:38	RINGS	VAULT			
				3:39-3:45	VAULT	P-BAR			
ADWARDS 3:45-4:00									

SESSION 9									
GIRLS REC				BOYS REC				PRESCHOOL	
INTRO 4:30-4:40									
TIME	MARIANA	EMILY	FAITH	TIME	JOEY	AUSTIN	LAWSON	TIME	KAYLA/EUIZA
4:40- 4:48	BARS	BEAM	VAULT	4:40- 4:46	P-BAR	H-BAR	VAULT	4:40 - 4:50	TUMBLE TRACK
4:49-4:57	BEAM	VAULT	FLOOR	4:47-4:54	H-BAR	FLOOR	P-BAR	4:52 - 5:02	RED
4:58- 5:06	VAULT	FLOOR	BARS	4:55- 5:01	FLOOR	RINGS	H-BAR	5:04 - 5:14	BLUE
5:07- 5:15	FLOOR	BARS	BEAM	5:02- 5:08	RINGS	VAULT	FLOOR		
				5:09-5:15	VAULT	P-BAR	RINGS		
ADWARDS 5:15-5:30									

SESSION 10											
GIRLS REC				BOYS REC				PRESCHOOL/PARENT AND CHILD			
INTRO 3:00-3:10											
TIME	ASHLYNN + JACK- INT.	MARIANA- ADV.	FAITH- ADV	EMILY-ADV	TIME	LAWSON- INT.	AUSTIN-INT.	COLTEN- ADV.	TIME	KAYLA	IZZY
3:10-3:18	BARS	BEAM	VAULT	FLOOR	3:10-3:16	P-BAR	H-BAR	VAULT	6:10 - 6:20	BLUE	TUMBLE TRACK
3:19-3:27	BEAM	VAULT	FLOOR	BARS	3:17-3:24	H-BAR	FLOOR	P-BAR	6:22 - 6:32	TUMBLE TRACK	RED
3:28- 3:36	VAULT	FLOOR	BARS	BEAM	3:25-3:31	FLOOR	RINGS	H-BAR	6:34 - 6:44	RED	BLUE
4:37- 4:45	FLOOR	BARS	BEAM	VAULT	3:32-3:38	RINGS	VAULT	FLOOR			
					3:39-3:45	VAULT	P-BAR	RINGS			
ADWARDS 3:45-4:00											