



PRIDE GYMNASTICS ACADEMY PHASE 2 PROTOCOL

Starting May 15th:

We will continue following all guidelines established in Phase 1.

ALL VULNERABLE INDIVIDUALS** - Should continue to shelter in place. Members of households with vulnerable residents should be aware that by returning to work or other environments where distancing is not practical, they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents.

All individuals, WHEN IN PUBLIC - (e.g. - parks, outdoor recreation areas, shopping areas) Should maximize social distancing from others. Social settings of more than 10 people, where appropriate distancing may not be practical, should be avoided unless precautionary measures are observed.

Avoid SOCIALIZING in groups of more than 10 people in circumstances that do not readily allow for appropriate physical distancing. (e.g. - receptions, trade shows)

MINIMIZE NON ESSENTIAL TRAVEL - and adhere to CDC guidelines regarding isolation following travel.

Pride Phase 2 Guidelines.

- Limited classes offered.
- Shorter classes offered to allow time for cleaning in between classes
- Social distancing will be observed for parents that would like to come in the gym during their child's class time. There is limited seating, so we may not be able to accommodate every one, and we ask that you limit to 1 family member/gymnast if possible.
- No team parents in the gym.
- All gymnasts and family members that enter the gym, will follow all Pride COVID-19 protocols as stated below.
- Class size will be limited to 6-8 gymnasts.
- There will not be more than 4 training groups at any given time.
- Everyone will need to fill out and sign a new waiver form, which has some questions about your condition and whereabouts (**COVID-19 WAIVER**). You can fill it out, sign and email back or bring physical copy)
- We will have 10 min in between classes for mat/facility sterilization (we will disinfect the mats, bathrooms, door handles, etc..)
- No visitors from other gyms or from other cities.
- Water fountain will be wrapped and not in service due to sanitary reasons.

1. STAY HOME IF YOU ARE SICK OR ARE EXPERIENCING A FEVER - TEMPS WILL BE CHECKED AT DOOR

2. ANY PERSON CATEGORIZED AS HIGH RISK SHOULD STAY HOME

3. PLEASE EXIT SWIFTLY AFTER CLASS AND DO NOT SHOW UP EARLY

4. EVERY ONE WILL BE REQUIRED TO WASH THEIR HANDS BEFORE ENTERING.

5. RSVP FOR CLASS BUT DO NOT ABUSE THE SYSTEM OR SIGN UP FOR CLASSES YOU WON'T ATTEND

6. PLEASE LIMIT 1 FAMILY MEMBER/GYMNAST IF POSSIBLE.

7. TEAM MEMBERS WILL BE REQUIRED TO BRING A CONTAINER WITH A LID AND WRITE THEIR NAME, SO THERE THE CHALK BUCKET IS NOT IN USE BY MORE THAN 1 GYMNAST.